



### **Wish List for Unsheltered Clients**

The Stamford HUB outreach program serves approximately **44 unsheltered clients monthly**, including **men, women, and families**. These items can help meet their daily needs and bring comfort:

#### **Personal Care & Hygiene**

- Travel-sized toiletries (soap, shampoo, toothpaste, deodorant)
- Feminine hygiene products
- Baby wipes / hand wipes
- Baby diapers (Sizes 1-3)
- Moisturizers / lip balm
- Razors & shaving cream

#### **Clothing & Footwear**

- Warm socks & underwear
- Hats, gloves, scarves
- Jackets / coats (waterproof preferred)
- Sweatshirts / hoodies / thermal layers
- Sturdy shoes or boots

#### **Bedding & Shelter**

- Blankets / sleeping bags
- Rain ponchos
- Compact tents or pop-up shelters
- Mats / foam pads for sleeping

#### **Food & Drink**

- Non-perishable snacks (granola bars, trail mix, peanut butter)
- Bottled water / reusable water bottles
- Instant coffee / tea packets
- Canned goods with easy-open lids

#### **Health & Safety**

- First aid kits


- Hand sanitizer
- Face masks
- Sunscreen / insect repellent

### **Communication & Convenience**

- Prepaid cell phones / phone cards
- Small flashlights / batteries
- Backpacks / tote bags
- Notebooks / pens

### **Other Items for Comfort & Morale**

- Playing cards / small games
- Reusable shopping bags

**For more information please contact: Ivy Patrick, Stamford HUB Manager at [ipatrick@pacifichouse.org](mailto:ipatrick@pacifichouse.org)  (203) 919-9793 or (203) 406-0017 ext. 309**